INSTRUCTIONS

 Please answer the following questions as they apply to you. Check all the choices that apply. Most of the questions have more than one answer. 				
Print N	Name:		Date:	
1	Who primarily raised y Mother and Father Father Mother Mother Steppare Stepmother	Stepfather Maternal Gr Paternal Gr ent Aunt(s) and		☐ Older Sibling(s) ☐ Adoptive Parent(s) ☐ Foster Parent(s) ☐ Institutional Caretaker(s) ☐ Legal Guardian(s) ☐ Other:
2	Were you separated fro following reasons?	m either or both of your pa	rents during your o	childhood for any of the
	☐ No separations☐ Parents separated☐ Parents divorced☐ Death of parent(s)	☐ Abandoned by pare ☐ Parent(s) long-term ☐ Parent(s) in military ☐ Parent(s) in prison	hospitalization	Removed from your home by police or social services Other:
3	•	_		primary caretaker(s) home?
	years of age	☐ I currently !	live with my parent	(s) or primary caretaker(s)
4	What were the circums	tances that led you to leave	home? Were there	circumstances that led you to return?
5		st characterize your childl	_	_
	 No relationship Abusive Idolized Neglectful Caring Supportive Fun 	 ☐ Friendly ☐ Warm ☐ Gentle ☐ Smothering ☐ Demonstrative ☐ Over protective ☐ Respectful 	☐ Affectionate ☐ Anxious ☐ Consistent ☐ Distant/Uni ☐ Superficial ☐ Strained ☐ Close	☐ Afraid of mother☐ Unpredictable

6	Check the boxes that best characterize your childhood relationship with your father:			
	□ No relationship □ Friendly □ Affectionate □ Took care of father □ Abusive □ Warm □ Anxious □ Afraid of father □ Idolized □ Gentle □ Consistent □ Unpredictable □ Neglectful □ Smothering □ Distant/Uninvolved □ Full of conflict □ Caring □ Demonstrative □ Superficial □ Relaxed □ Supportive □ Over protective □ Strained □ Loving □ Fun □ Respectful □ Close □ Other:			
7	If you were not primarily raised by your mother and/or father, which of the following best describes your relationship with your primary caretaker(s)?			
	□ Not applicable □ Friendly □ Affectionate □ Took care of primary caretaker □ Abusive □ Warm □ Anxious □ Afraid of primary caretaker □ Idolized □ Gentle □ Consistent □ Unpredictable □ Neglectful □ Smothering □ Distant/Uninvolved □ Full of conflict □ Caring □ Demonstrative □ Superficial □ Relaxed □ Supportive □ Over protective □ Strained □ Loving □ Fun □ Respectful □ Close □ Other:			
8	Check the boxes that best describe what your childhood experience was like:			
	□ Painful □ Stable □ Traumatic □ Happy □ Confusing □ Spoiled □ Fun □ Frightening □ Enjoyable □ Wonderful □ Chaotic □ Sad □ Exciting □ Lonely □ Stimulating □ Unhappy □ Secure □ Difficult to remember □ Carefree □ Sickly □ Other:			
9	Check the boxes that best describe your parents'/primary caretakers' relationship with each other when you were a child:			
	□ No relationship □ Cold □ Committed □ Divorced □ Loving □ Hostile □ Separated □ Violent □ On again/Off again □ Close □ Fulfilling □ Supportive □ Happy □ Full of conflict □ Relaxed □ Fun and playful □ Domineering/Submissive □ Affected by alcohol/drug abuse □ Distrustful and suspicious □ Tense □ Other:			
10	How would you rate your parents'/primary caretakers' ability to manage their lives? Mother or Primary Caretaker Father or Primary Caretaker			
	□ Very good □ Very good □ Good □ Good □ Fair □ Fair □ Poor □ Poor □ Unknown □ Unknown			

11	Check the boxes that best describe the personal characteristics of your mother or primary caretaker when you were a child:			
	 Not applicable Loving Perfectionist Domineering Isolated Happy Optimistic Calm Violent Substance Abuser Preoccupied Self-confident 	☐ Active ☐ Outgoing ☐ Generous ☐ Aggressive ☐ Shy ☐ Irresponsible ☐ Pessimistic/Worrier ☐ Temperamental ☐ Understanding ☐ Nervous/Anxious ☐ Fun/Playful ☐ Rigid	☐ Moody ☐ Overly critical ☐ Hardworking ☐ Flexible ☐ Content ☐ Serious ☐ Compassionate ☐ Friendly/Social ☐ Warm ☐ Supportive ☐ Dramatic ☐ Irritable	☐ Easy going ☐ Kind ☐ Self centered ☐ Unforgiving ☐ Stubborn ☐ Irrational ☐ Manipulative/Controlling ☐ Passive ☐ Prejudiced ☐ Emotional ☐ Reassuring ☐ Other:
12	Check the boxes that bes caretaker when you wer	t describe the personal char e a child:	racteristics of your father	or other primary
	 Not applicable Loving Perfectionist Domineering Isolated Happy Optimistic Calm Violent Substance abuser Preoccupied Self-confident 	☐ Active ☐ Outgoing ☐ Generous ☐ Aggressive ☐ Shy ☐ Irresponsible ☐ Pessimistic/Worrier ☐ Temperamental ☐ Understanding ☐ Nervous/Anxious ☐ Fun/Playful ☐ Rigid	☐ Moody ☐ Overly critical ☐ Hardworking ☐ Flexible ☐ Content ☐ Serious ☐ Compassionate ☐ Friendly/Social ☐ Warm ☐ Supportive ☐ Dramatic ☐ Irritable	☐ Easy going ☐ Kind ☐ Self centered ☐ Unforgiving ☐ Stubborn ☐ Irrational ☐ Manipulative/Controlling ☐ Passive ☐ Prejudiced ☐ Emotional ☐ Reassuring ☐ Other:
13	Who primarily disciplin	ed you during your childho	od?	
	☐ Both parents equally ☐ Mother ☐ Father ☐ Stepmother ☐ Stepfather ☐ Older sibling(s) ☐ Other:		ent(s) edian(s)	

14	during your childhood:				
	Mother or Primary Caretaker		Father or Primary Ca	retaker	
	Not applicable Consistently Fairly Strictly Leniently Made idle threats Lectured Used time outs Reasoned with me Spanked Family Meetings Other:	Praised positive behaviors Shamed Grounded Removed privileges Logical consequences Withheld food Sent me to my room Ignored misbehaviors Used physical restraints Physically punished (other than spanking)	 Not applicable Consistently Fairly Strictly Leniently Made idle threats Lectured Used time outs Reasoned with me Spanked Family Meetings Other: 	☐ Praised positive behaviors ☐ Shamed ☐ Grounded ☐ Removed privileges ☐ Logical consequences ☐ Withheld food ☐ Sent me to my room ☐ Ignored misbehaviors ☐ Used physical restraints ☐ Physically punished (other than spanking)	
15	Check the boxes that represe	ent the personal values held b	y your parent(s)/primary Father or Primary Ca		
	 Not applicable Religious beliefs Compassion Social conscience Strong work ethic Being responsible Freedom of expression Leading a balanced life Being a parent Patriotism Spiritual/Cultural Practice 	☐ Honesty ☐ Family closeness ☐ Family support ☐ Social status ☐ Education ☐ Self respect ☐ Independence ☐ Making money ☐ Fidelity ☐ Healthy life style ☐ Other:	 Not applicable Religious beliefs Compassion Social conscience Strong work ethic Being responsible Freedom of express Leading a balanced Being a parent Patriotism Spiritual/Cultural Practice 		
16	How do your own personal	values compare to those of yo	ur parent(s)/primary car	etaker(s)?	
	 □ Basically share the same values □ Share most of their values □ Share some of their values □ Do not share any of their values □ Don't know 				

17	Check the boxes that best describe your parents'/primary caretakers' attitudes about sexuality when you were a child:			
L	Mother or Primary Caretaker	Father or Primary Caretaker		
	□ Unknown □ Awkward discussing □ Open about sexuality □ Believed sex was sinful □ Comfortable discussing □ Liberal sexual attitudes □ Old fashioned □ Conservative attitudes □ Never discussed sex □ Sexually repressed □ No sex before marriage □ Sexually irresponsible □ Condemned □ Supported homosexuality sex education □ Knowledgeable □ Other:	Unknown Open about sexuality Comfortable discussing Old fashioned Never discussed sex No sex before marriage Condemned homosexuality Knowledgeable Awkward discussing Believed sex was sinfu Liberal sexual attitude Conservative attitudes Sexually repressed Sexually irresponsible sex education Other:		
18	Check the boxes that best describe what you were like as	a child (pre-teenage years):		
	□ Happy □ Awkward □ Responsible □ Temperamental □ Self-confident □ Sad □ Stubborn □ Friendly □ Irresponsible □ Unhappy □ Calm □ Anxious/Net □ Aggressive □ Serious □ Active □ Fearful □ Hyperactive □ Funny	☐ Disobedient ☐ Curious le ☐ Outgoing ☐ Compliant		
19	Check the boxes that best describe what you were like as	a teenager:		
	□ Happy □ Awkward □ Responsible □ Temperamental □ Self-confident □ Sad □ Stubborn □ Friendly □ Irresponsible □ Unhappy □ Calm □ Anxious/Ne □ Aggressive □ Serious □ Active □ Fearful □ Hyperactive □ Funny	☐ Disobedient ☐ Curious le ☐ Outgoing ☐ Compliant		
20	When you were a child, with whom would you confide?			
	□ Mother □ Aunt(s)/Uncle(s) □ □ Father □ Stepparent □ □ Sibling(s) □ Primary Caretaker(s) □ □ Grandparent(s) □ Cousin(s) □	Counselor(s)/Teacher(s) Psychiatrist(s)/Psychologist(s)/Social Worker(s) Clergy		
21	When you were a child or adolescent, did you require cou	unseling or psychiatric care?		
	□ No □ Yes			
22	Are there issues, traumatic incidents or accidents from yo	our childhood that currently cause you distress?		
	□ No □ Yes			

23	Check the boxes that best describe your early dating experiences:			
	☐ Didn't date ☐ Traum ☐ Fun ☐ Too m ☐ Unremarkable ☐ Dull ☐ Chaperoned ☐ In group	uch too soon [Extensive Unusual Pressured Friendly	☐ Frightening ☐ Exciting ☐ Limited ☐ Other:
24	Check the boxes that best describ	e your early sexua	l experiences:	
	☐ Limited ☐ Unren ☐ Traumatic ☐ Unusu ☐ Awkward ☐ Roman ☐ Exciting ☐ Regret	ntic [☐ Frightening ☐ Confusing ☐ Shameful ☐ Amusing	☐ Pleasurable ☐ Abusive ☐ Pressured ☐ Other:
25	If you were married previously, h	ow did your marı	riage(s) end?	
	☐ Not applicable ☐ Div	orce 🗆 I	Death of spouse(s)	Annulment
26	If you were previously in a dome	stic partnership(s)	, how did your partne	ership(s) end?
	☐ Not applicable☐ Death of partner(s)		iinated partnership wi iinated partnership wi	thout legal agreement(s) th legal agreement(s)
27	If you went through a divorce or describe what the experience was		estic partnership, che	ck the boxes that best
	 □ Not applicable □ Easy □ Expensive □ Frightening □ Amica 	· [☐ Crazy ☐ Frustrating ☐ Fair ☐ Devastating	☐ A relief☐ Long and drawn out☐ Depressing☐ Other:
28	Have you ever been in a custody No Yes	dispute?		
29	How long did you know your cur a domestic partner relationship?	rent spouse/partn	er before you were ma	nried or established
	☐ Less than 6 months ☐ Less than a year ☐ 1 to 2 years	☐ 3 to 4 years ☐ 5 to 7 years ☐ 8 to 12 years		or more years

30	Check the boxes that best describe the characteristics of your current spouse/partner:			
	Religious Uncaring Appreciative Affectionate Compassionate Dogmatic Introvert Emotional Friendly Rigid Self-centered Gentle Good listener Considerate	☐ Playful ☐ Distant ☐ Thoughtful ☐ Athletic ☐ Workaholic ☐ Prejudiced ☐ Careful ☐ Outgoing ☐ Quick tempered ☐ Worrier ☐ Domineering ☐ Supportive ☐ Predictable ☐ Anxious	□ Unhappy □ Smart □ Argumentative □ Social □ Competitive □ Happy □ Sarcastic □ Unforgiving □ Faultfinding □ Understanding □ Flexible □ Honest □ Abusive □ Romantic □ Moody □ Generous □ Stubborn □ Dependable □ Depressed □ Impulsive □ Tolerant □ Good sense of hu □ Communicative □ Kind □ Clear thinking □ Energetic □ Other:	mor
31	Check the boxes that best of Roles you play in relations	·	and your spouse/partner play in the relations Roles spouse/partner plays in relationship	ship:
	☐ Head of household ☐ Leader ☐ Emotional one ☐ Social planner ☐ Initiator ☐ Peacemaker ☐ Comforter ☐ Risk taker ☐ Money manager ☐ Homemaker	 Wage earner Decision maker Rational one Organizer Compromiser Caregiver Follower Negotiator Manager Other: 	☐ Head of household ☐ Wage earner ☐ Leader ☐ Decision maker ☐ Emotional one ☐ Rational one ☐ Social planner ☐ Organizer ☐ Initiator ☐ Compromiser ☐ Peacemaker ☐ Caregiver ☐ Comforter ☐ Follower ☐ Risk taker ☐ Negotiator ☐ Money manager ☐ Manager ☐ Homemaker ☐ Other:	
32	How often do you and you	ır spouse/partner argue?		
	☐ Never☐ Rarely☐ Once or twice a year	☐ Once or twice a mor☐ Once or twice a wee☐ Almost daily		
33	Check the boxes that best	describe the major areas of co	onflict between you and your spouse/partner:	
	 □ Discipline of children □ Religion □ Alcohol/Drugs □ Emotional closeness □ Family involvement □ Money 	 □ Personal habits □ Household chores □ Work □ Infidelity □ Emotional separateness □ Travel 	□ Sexual relations □ Personal expectations □ Politics □ Friends □ Values □ Leisure time □ Separate activities □ Shared activities □ Time apart □ Time together □ Other:	ions

34	Check the boxes that best describe the way you typically react when you have a major disagreement with your spouse/partner:			
	 □ Reach agreement through mutual give and take □ Take time to think things over before discussing □ Give in and attempt to smooth things over □ Seek outside help such as a counselor/clergy person □ Sometimes pound or break things □ Change the topic □ Other: 	☐ Agree to disagree ☐ Sometimes yell and shout ☐ Leave the house to cool off ☐ Become silent ☐ Try to outwit spouse/partner ☐ Things get physical (pushing, shoving, hitting)		
35	How sexually compatible are you and your spouse/par	tner?		
	□ Very compatible□ Compatible□ Not very compatible	☐ Incompatible		
36	Have you and your spouse/partner ever gone through a	difficult period that threatened your relationship?		
	□ No □ Yes			
37	Have you and your spouse/partner ever separated?			
	□ No □ Yes			
38	Check the boxes that best describe your current relation	nship with your mother and father:		
	Mother or Primary Caretaker	Father or Primary Caretaker		
	□ Mother deceased □ Dependent □ No contact □ Loving □ Strained □ Very close □ Distant □ Comfortable □ Caring □ Over involved □ Emotionally intense □ Not involved enough □ Flexible □ On again/off again □ Hostile □ Problematic □ Understanding □ Enjoyable □ Argumentative □ Improving □ Manipulative □ Gratifying □ Positive □ I am caretaker for □ Supportive □ Other:	□ Father deceased □ Dependent □ No contact □ Loving □ Strained □ Very close □ Distant □ Comfortable □ Caring □ Over involved □ Emotionally intense □ Not involved enough □ Flexible □ On again/off again □ Hostile □ Problematic □ Understanding □ Enjoyable □ Argumentative □ Improving □ Manipulative □ Gratifying □ Positive □ I am caretaker for □ Supportive □ Other:		

39	How helpful and supportive do you feel members of your extended family are/will be to you as a parent?			
	Your side of the family	Spouse/Partner's side of the family		
	 □ Not applicable □ All family members are helpful and supportive □ Most family members are helpful and supportive □ About half are helpful and supportive □ Few are helpful and supportive □ No family members are helpful and supportive 	 Not applicable All family members are helpful and supportive Most family members are helpful and supportive About half are helpful and supportive Few are helpful and supportive No family members are helpful and supportive 		
40	In some families, different viewpoints concerning suc socio/economic status, sexual orientation, politics, etc degree is that the case in your family?	• •		
	☐ Issues such as these do not interfere with relationships within my family ☐ Issues such as these seldom interfere with relationships within my family ☐ Occasionally issues such as these interfere with relationships within my family ☐ Frequently issues such as these interfere with relationships within my family			
41	How comfortable are members of your extended familto children?	ly when it comes to being around and relating		
L	Your side of the family Spouse/Partner's side of the family			
	□ Not applicable □ □ All family members are comfortable □ □ Most family members are comfortable □ □ About half are comfortable □ □ Few are comfortable □ □ No family members are comfortable □	Not applicable All family members are comfortable Most family members are comfortable About half are comfortable Few are comfortable No family members are comfortable		
42	List your siblings according to how close or distant y	our relationship is with them:		
	☐ I don't have any brothers or sisters ☐ I am very close to:			
43	How many members of your immediate and extended accept an unrelated child into the family?	l family are ready, willing and able to fully		
	 □ All family members are ready, willing and able to fully accept □ Most family members are ready, willing and able to fully accept □ About half are ready, willing and able to fully accept □ Few are ready, willing and able to fully accept □ No family member is ready, willing and able to fully accept 			

44	How many people in your life, outside of your family, are ready, willing and able to provide you support as a parent?			
	 □ There are numerous people who are ready, willing and able to be supportive □ There are several people who are ready, willing and able to be supportive □ There are a few select people who are ready, willing and able to be supportive □ There is one person who is ready, willing and able to be supportive □ There is nobody who is ready, willing and able to be supportive 			
45	How many people in your life cause you serious conflict and stress?			
	 □ There are numerous people who cause me serious conflict and stress □ There are several people who cause me serious conflict and stress □ There are a few select people who cause me serious conflict and stress □ There is one person who causes me serious conflict and stress □ There is nobody who causes me serious conflict and stress 			
46	Check the boxes that best describe your community involvement:			
	☐ Have no friends that I socialize with ☐ Active in politics ☐ Have a few friends that I socialize with ☐ Regular attendance at religious services ☐ Regular involvement in social organizations ☐ Occasional attendance at religious services ☐ Occasional involvement in social organizations ☐ Active in community organizations ☐ Active in community organizations ☐ Occasional involvement in community organizations ☐ No involvement in community organizations ☐ Cultural events ☐ Other: ☐ Other:			
47	If you are employed outside of the home, how many hours per week do you work?			
	 □ Not applicable □ 20 - 30 hours □ 41- 50 hours □ More than 50 hours 			
48	If you are employed outside of the home, how long have you worked at your current job?			
	☐ Not applicable ☐ years and months			
49	Whether you work inside or outside the home, do you enjoy your work?			
	\square No \square Most of the time \square Some of the time \square All of the time			
50	Have you ever been fired?			
	□ No □ Yes			

51	Do you plan any career or job changes in the near future?				
	□ No □ Yes				
52	How do/will you	How do/will you discipline a child in your care?			
	☐ Ignore the chi☐ Discipline acc☐ Physical restra	use reasonable consequences ld's misbehavior cording to how I feel at the tr aint, e.g., strap down in crib d consequences clear in adv	Tell child they are gro	ner handle the discipline ounded I be ashamed t in the future they make me	
53	What is the overa	ll condition of your health?			
	☐ Excellent	☐ Good ☐ Fair	☐ Poor		
54	Have you ever be	en hospitalized or had surg	ery?		
	□ No □ Ye	es			
55	Are you currently	taking any medication(s)?			
	□ No □ Ye	es			
56	Indicate which fa of the condition:				
- - - - -	DiabetesCancerAsthmaUlcersColitisAlcoholismDepressionSchizophreniaOther condition(s	ArthritisFrequent headachesHearing lossInsomniaTuberculosisDrug addictionBipolar illnessEating disorder) not listed:	Seizures Kidney disease Impaired sight Sickle cell anemia Thyroid condition Developmental disability Attention deficit disorder Sexually transmitted disease	High blood pressureHigh cholesterolAllergiesHeart conditionIntellectual disabilityAnxiety/Panic attacksInfertility/Sterility	
	affirm that the information given in this questionnaire is correct to the best of my ability. Date:				